

# Awakening Heart

MEDITATION, MUSIC, MESSAGE & MORE



## SUNDAYS

5:00 - 7:00 PM @ DALLAS MEDITATION CENTER

## MONDAYS

7:00 - 9:00 PM @ UNITY CHURCH IN GRAPEVINE

## TUESDAYS

7:00 - 9:00 PM @ UNITY CENTER OF LIGHT (PLANO)

## SATURDAYS

9:00 AM - 5:00 PM (see website for next retreat)

*"Manifest  
the Miracles  
of Mindfulness!"*

WITH **BROTHER CHISING**



[WWW.AWAKENINGHEART.ORG](http://WWW.AWAKENINGHEART.ORG)