

# MEDITATION, Music & More

*with Brother Chi Sing & friends*

(inspired by THICH NHAT HANH)

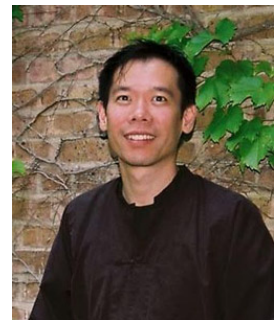


“TRANSFORMATION TUESDAYS”

7:00 PM @ Unity Center of Light (Plano)

7300 Alma Dr., Ste. 400 (north of Legacy), Plano, TX 75025

*plus “Serenity Sundays” (Dallas), “Mindful Mondays” (Grapevine),  
Monthly Saturday Retreats, Spiritual Counseling, Yoga & Qigong, etc.*



[www.AWAKENINGHEART.org](http://www.AWAKENINGHEART.org)